

Trescof

Guaifenesin BP + Dextromethorphan Hydrobromide BP + Menthol USP

Composition

Trescof Syrup: Each 5 ml syrup contains Guaifenesin BP 200 mg, Dextromethorphan Hydrobromide BP 15 mg and Menthol USP 15 mg.

Pharmacology

Guaifenesin is an expectorant. It helps loosen congestion in the chest and throat, making it easier to cough out through the mouth. Dextromethorphan Hydrobromide is a cough suppressant. It affects the signals in the brain that trigger cough reflex. Menthol is an organic compound made synthetically or obtained from peppermint or other mint oils. It has local anesthetic and counterirritant qualities and it is widely used to relieve minor throat irritation.

Indication

Fast & effective relief of-

- Chest congestion
- Cough
- Sore throat

Dose and Administration

Route of Administration: Oral.

Adult Use only (12 years and over): 2 teaspoonful syrup (10 ml) every 6 hours. Maximum 8 teaspoonful syrup (40 ml/day).

Contraindication

If you are now taking a prescription monoamine oxidase inhibitor (MAOI) or for two weeks after stopping the MAOI drug. If you do not know if your prescription drug contains an MAOI ask a doctor or pharmacist before taking this product.

Warning and Precaution

Talk to a doctor before using this product if you have asthma, chronic lung disease/ shortness of breath, persistent/ chronic cough or taking a drug for depression, including monoamine oxidase (MAO) inhibitor drugs.

Side effects

Common:

- Gastrointestinal disturbance
- Feeling nervous, restlessness, anxious or irritable

Rare:

A very serious allergic reaction to this drug is unlikely, symptoms of a serious allergic reaction may include rash, itching/swelling (specially on the face/tongue/throat), severe dizziness, trouble breathing.

Use in Pregnancy and Lactation

Guaifenesin, Dextromethorphan Hydrobromide have been assigned to pregnancy category C by the US-FDA. There are no controlled data on this combination product in human pregnancy. Dextromethorphan hydrobromide-Guaifenesin is only recommended for use during pregnancy when benefit outweighs risk. There are no data on the excretion of dextromethorphan hydrobromide-Guaifenesin into human milk. In nursing infants, a decision should be made to discontinue. There are no human studies on the use of menthol during pregnancy; thus, its risk is undetermined.

Use in Children & Adolescents

This preparation is not indicated for children under 12 years of age.

Drug Interaction

With Medicine: Possible reactions systemically may occur with Acetaminophen, Escitalopram, Acetaminophen/Codeine, Alprazolam and Ondansetron.

With food and others: There is no data found on interaction with food of this medicine.

Overdose

Overdosage with guaifenesin is unlikely to produce toxic effect since its toxicity is low. In severe cases of overdosage, treatment should be aimed at reducing further absorption of the drug. Gastric emptying is recommended as soon as possible after ingestion. Overdosage with Dextromethorphan hydrobromide may produce excitement and mental confusion. Very high doses may produce respiratory depression. One case of toxic psychosis after ingestion of a single 300 mg dose of dextromethorphan has been reported. Menthol can be harmful in large amounts. Symptoms may include abdominal pain, diarrhea, nausea and vomiting, dizziness, rapid breathing etc.

Storage

Store below 30° C temperature and dry place, away from light. Keep out of reach of children.

Packing

Trescof Syrup: Each box contains a PET bottle of 100 ml syrup with a measuring cup.